

Profile

Session Date: 19/07/2026

Amanda Lewin

Gender: FEMALE
Age: 25 year
Height: 5 ft 7 inches
Weight: 128 lb



Session 1

 Shoulder IR 0 deg

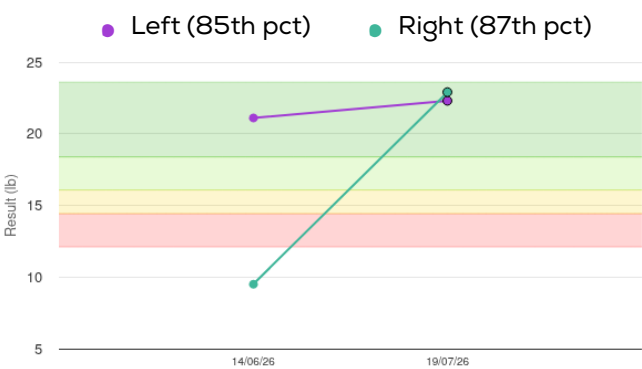
PEAK FORCE

Left
+5%
22.3 lb

Right
+10%
22.9 lb

Above Ave

Above Ave



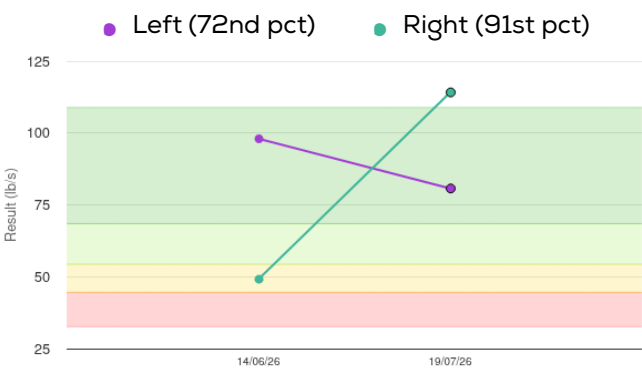
RFD

Left
-18%
80.7 lb/s

Right
+5%
114.1 lb/s

Above Ave

Above Ave





Shoulder Abduction

PEAK FORCE

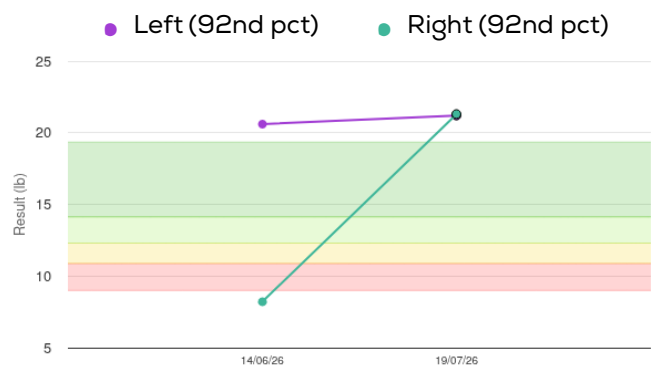
Left
+3%
21.2 lb

Above Ave

Right
+17%
21.3 lb

Above Ave

0%



RFD

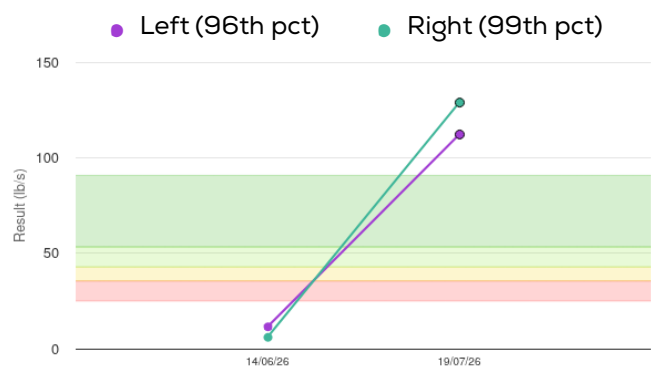
Left
+882%
112.1 lb/s

Above Ave

Right
+877%
128.8 lb/s

Above Ave

13%



Shoulder ER 0 deg

PEAK FORCE

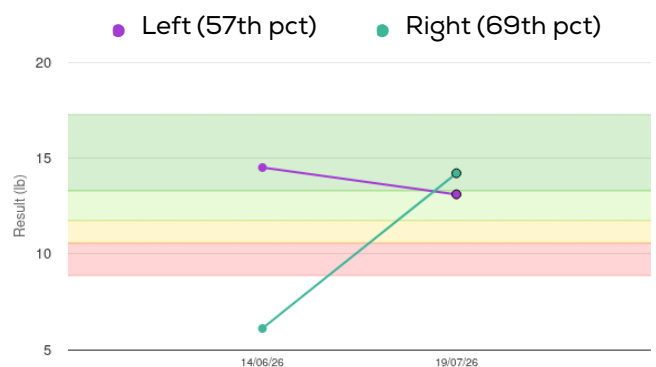
Left
-10%
13.1 lb

Ave

Right
+5%
14.2 lb

Above Ave

8%



RFD

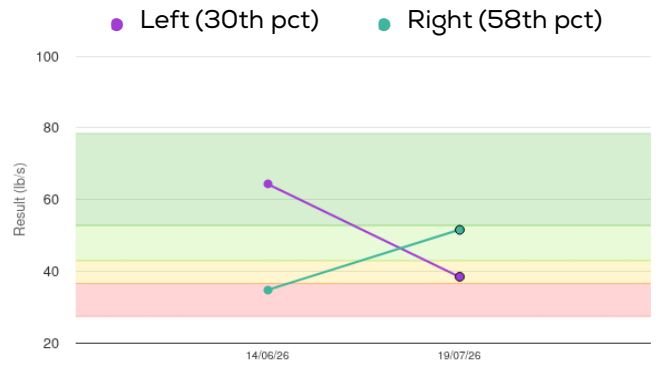
Left
-40%
38.4 lb/s

Right
-33%
51.5 lb/s

Below Ave

Ave

26%



RATIO

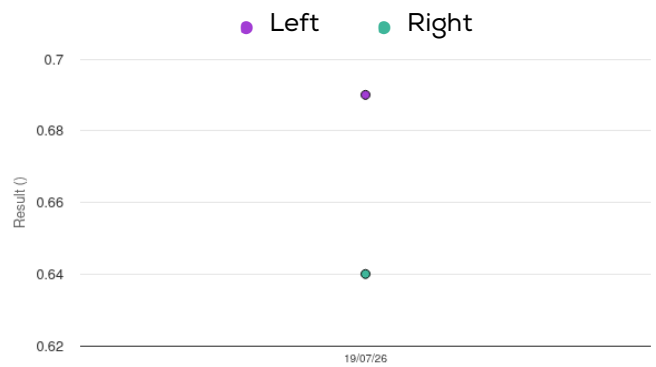
Left
+0%
0.69

Right
+0%
0.64

Not Enough Data

Not Enough Data

0%



Shoulder Flexion

PEAK FORCE

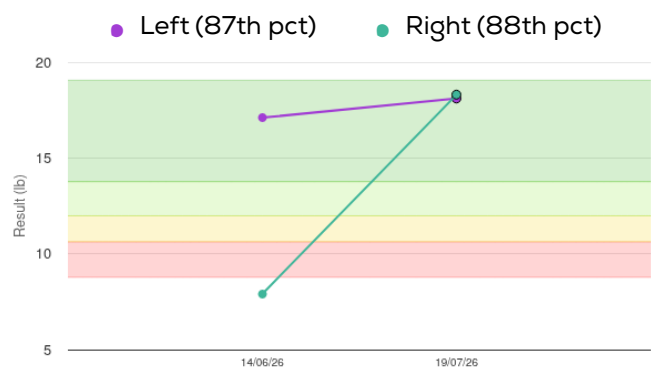
Left
+6%
18.1 lb

Right
+6%
18.3 lb

Above Ave

Above Ave

1%



RFD

Left

-9%

105.7 lb/s

Above Ave

Right

+24%

123.1 lb/s

Above Ave

